

How do you get it?

I believe our attitude is shaped by our environment, including how we were raised by our parents. For example, my father taught my brothers, sisters and me to persevere, especially in the face of hardship and adversity. This is an attitude that I have used my entire life to overcome roadblocks that stood between me and my goals.

I believe the formulation of a winning attitude is also influenced by those who we respect and admire in our formative years, such as teachers, coaches and others in positions of authority. Our daily experiences also play a part in shaping our attitude, and the attainment of each achievement builds confidence that reinforces the value of a positive attitude.

Finally, surrounding ourselves with positive people impacts our mental attitude and helps support a positive outlook. Experts suggest that positive attitudes are contagious and having a winning mindset makes others more positive. Conversely, associating with people who possess a negative outlook produces negative feelings.

How can the right attitude be beneficial?

In the workplace, those who have a positive attitude are generally more productive and generate better quality work with fewer errors. This is due in part to the fact that they are more focused on their work and accomplishing the performance objectives that are set for them in their role at the firm.

Having the right attitude also enhances interpersonal relationships at work since most of us prefer to deal with people who are positive and optimistic about achieving goals and objectives. A positive attitude also helps employees appreciate each other's skills and competencies, while promoting a sense of teamwork where everyone is united in their effort to accomplish common goals.

As a leader, having a positive mindset promotes confidence and makes it easier (and more likely) that employees will follow the path that you have set for the team, department, division, or firm. It also enhances your reputation among your subordinates so that strategic plans can be executed more efficiently to achieve expected results.

For individual contributors, the right attitude helps you evaluate options that are available as you make decisions that impact your career and the bottom line. It also provides motivation to proactively face business challenges and devise solutions that result in better outcomes.

In conclusion, the importance of the right attitude in the business world (as in life) is undeniable, and I believe it is vital to maintain both a winning and a positive attitude no matter how difficult things become or how steep the challenges we may face.

If you would like to unlock the secret to creating the right attitude, please contact us so we can devise a plan that increases your ability to achieve success.